

ADULT PROGRAMMING

Fall Schedule

Cardio Tennis | \$35/Player

Weekly Sign-Up

Mondays, 12:00 pm - 1:00 pm | 7:00 pm - 8:00 pm

Tuesdays, 7:30 am - 8:30 am | 7:00 pm - 8:00 pm

Wednesdays, 12:00 pm - 1:00 pm

Fridays, 7:30 am - 8:30 am | 12:00 pm - 1:00 pm

This is an hour of fast-paced tennis drills that work on all your strokes. All levels are welcome to this class.

Sign up via the Four Seasons CourtReserve app or online at the Four Seasons CourtReserve portal.

[CLICK](#) to Register for Monday Noon

[CLICK](#) to Register for Monday Night

[CLICK](#) to Register for Tuesday AM

[CLICK](#) to Register for Tuesday Night

[CLICK](#) to Register for Wednesday Noon

[CLICK](#) to Register for Friday AM

[CLICK](#) to Register for Friday Noon

