

Private Instruction

Prefer a one-to-one learning experience? Our professional staff is available for private and semi-private lessons 7 days a week, from 6:30 AM through 9:00 PM.

Private hourly rates are \$84 for members, \$98 for non-members. To train with Greg Moran, please add \$6 to the hourly rate.

Adult Leagues

Men's Singles

This league meets Tuesday evenings, with start times varying from 7:00 to 9:00 PM over two 17-week sessions. Rates for each session are \$300 for members, \$850 for non-members. Missed matches can be played Wednesdays at 8:00 PM. Contact Arnie Hoegler for more information at AHoegler@4seasonstennis.com.

Men's Progressive Doubles

This league meets Thursday evenings from 7:30 to 9:30 PM over two 17-week sessions. Weekly rates are \$15 for members, \$35 for non-members. Contact Arnie (AHoegler@4seasonstennis.com) or Craig (ccuddeback@4seasonstennis.com).

Men's Breakfast Club

This singles league meets Friday mornings from 6:30 to 8:00 over two 17-week sessions. Rates for each session are \$204 for members and \$680 for non-members. Contact Ken Ducey at KDucey@4seasonstennis.com.

Women's Progressive Doubles

This league meets Fridays from 11AM to 12:30 PM over two 17-week sessions. Rates for each session are \$300 for members and \$650 for non-members. Contact Chris Damone at CDamone@4seasonstennis.com.

Cardio Tennis

Ready to get your feet moving and your heart pumping? **Cardio Tennis** is a great way to get in shape and meet new players while improving your game. Rates are \$20 per weekly class for members, \$25 for non-members. Sign up at the Front Desk.

Tuesdays 12 noon - 1:00 p.m.
Fridays 8:00 - 9:00 a.m.

Our Professional Staff

Greg Moran, Director of Tennis

Meet the Staff

Jonathan Buchman • Chris Damone • Glen Englander • Barbara Hatch • Rob Howard • Andrea Lankester • Andrew Lee • Jonathan Lee • Kelley Moran • Kelly Nizansky • Milton Ossorio • Thom Preli • Amy Read • Jane Simone • Ritush Venugopal • Michelle Wright

Four Seasons Amenities & Partners

Tennis Pro Shop • Studio Fitness • Studio Golf • Full-Service Massage • Yoga Studio • Serve Café • Parties & Corporate Outings



FOUR SEASONS RACQUET CLUB

589 Danbury Road (Route 7)
Wilton, CT 06897

203.762.2423 • 4seasonstennis.com



Winter

2010 / 2011

FOUR SEASONS RACQUET CLUB

Tennis Programs & Activities

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The Northeast's Largest Tennis & Fitness Complex

*Four Seasons offers the most diverse instructional program in New England. Staffed with the finest certified teaching pros, owner **Stanley Matthews**, and Director of Tennis **Greg Moran**, personally oversee all of our year-round programs:*

Pee Wee Tennis

For kids ages 3 to 5, our Pee Wee Tennis is a fun and healthy introduction to the game. Conducted on Tuesday or Wednesday afternoons from 2:45 to 3:30 PM, 10-week rates are \$270 for members, \$290 for non-members. 5-week rates in May are \$135 for members, \$145 for non-members.

Tuesday Afternoon Classes

Class 1:	9/21 - 11/23	10 weeks
Class 2:	11/30 - 2/8	10 weeks
Class 3:	2/22 - 4/26	10 weeks
Class 4:	5/3 - 6/7	5 weeks

Wednesday Afternoon Classes

Class 1:	9/15 - 11/17	10 weeks
Class 2:	12/1 - 2/9	10 weeks
Class 3:	2/23 - 4/27	10 weeks
Class 4:	5/4 - 6/1	5 weeks

Junior Clinics

Exceptional group instruction with flexible time periods. Our 1-hour programs are conducted over two 18-week sessions. Typical instructor/student ratio is 4 to 1. Schedule continued on next column...

Age	Gender	Level	Day	Time
5-10	B/G	Beg/Int/Adv	Thur	4:30-5:30
5-10	B/G	Beg/Int	Fri	4:30-5:30
5-10	B/G	All Levels	Sat	2:00-3:00
10-12	B/G	Beg/Int/Adv	Mon	4:30-5:30
10-12	B/G	All Levels	Sat	3:00-4:00
10-12	B/G	Beg/Int/Adv	Fri	5:30-6:30
12-15	B/G	Beg/Int	Wed	4:30-5:30
12-15	B	Int/Adv	Thur	3:30-4:30
12-15	G	Int/Adv	Mon	3:30-4:30
15-17	B/G	Beg/Int/Adv	Wed	3:30-4:30

Competitive Training

For the junior player with competitive aspirations, this program is conducted over two 18-week sessions and includes:

- **Stroke production**
- **Strategy**
- **Footwork & Agility Training**
- **Pro-supervised Match Play**
- **Junior Tournaments**

Competitive Training Sessions

Mondays	5:30 - 7:30
Tuesdays	3:30 - 5:30 & 5:30 - 7:30
Thursdays	5:30 - 7:30
Saturdays	11:00 - 1:00

Adult Clinics

Clinics are available from early morning into the evening and focus on strokes, footwork and strategy. For our intermediate and advanced players, we offer more intensive drilling to keep you match-tough. All Adult Clinics meet weekly over two 18-week sessions. For specific days and times, contact Greg Moran at GMoran@4seasonstennis.com.

Group Assignment

To assure that you're placed in the proper group, we'll hold special hitting sessions before each session. Inquire at the Front Desk.

Make-Up Time

Naturally, we'll make every effort to be flexible with schedule changes. Please note: make-up time for all of our clinics will be limited to TWO classes for each 18-week session.

Junior/Competitive/Adult Clinic Calendar & Rates

Clinic	Fall 2010	Spring 2011
Monday	9/13 - 1/17	1/24 - 5/23
Tuesday	9/14 - 1/18	1/25 - 5/24
Wednesday	9/8 - 1/19	1/26 - 5/25
Thursday	9/9 - 1/20	1/27 - 5/26
Friday	9/3 - 1/21	1/28 - 5/27
Saturday	9/4 - 1/22	1/29 - 5/28
No classes	11/24 - 11/27	& 12/24 - 1/1

Clinic	Member Rate	Non-Member
1 hour	\$ 648	\$ 756
1.5 hours	\$ 972	\$1134
2 hours	\$1296	\$1512

Four Seasons Workshops

Available on a per-time basis, our instructional workshops are for adults of all abilities. **Men's and Working Women's** workshops schedule:

Workshop	Member Rate	Non-Member
Sunday AM 8:30 - 10:30	\$80	\$90
Monday PM 7:30 - 8:30	\$40	\$45

Friday Night Social Mixed Doubles Parties
E-mail Pam Bates: PBates@4seasonstennis.com

